

Link to the product: <https://armila.co.uk/smudge-stick-black-sage-225-cm-p-5635.html>



Smudge Stick - Black Sage 22.5 cm

Price	13.50 £
Availability	In stock
Shipping time	24 hours
Catalog number	SMUDGES-02
Producer code	5796
EAN	5055796500307

Description

Smudge Stick - Black Sage 22.5 cm product would make a great as a favor option for someone special to you.

Black Sage (also known as Mugwort) smudge sticks can be used in traditional smudging practice to purify and cleanse with their sacred smoke, they are favored for their use in divination and seeking spiritual journeys and prophetic dreams. Mugwort is also associated with lust and fertility. Black sage is good for cleansing and rituals of healing and protection, it also dispels negative energies.

Smudges may help clear The air, scientists have observed that sage can clear up to 94 percent of airborne bacteria and disinfect The air. Also, when sage is burned, it releases negative ions, which is linked to putting people into a positive mood.

Smudging requires simple ingredients like matches, smudging herbs, and a smudging bowl. Before you start, remember to open a door or window, because The unwanted energy you are trying to clear must have a pathway to get out. First, light one end of your smudge, allowing it to catch fire and burn for several seconds. Then gently blow on The lit end - The smudge will begin to glow and smoke. Lay The smudge on a heatproof bowl to catch The ashes as it burns.

You may find our selection of products in this this

Smudge Stick , home fragrances, Black Sage 22.5 cm

group to be quite intriguing. This offer could potentially pique your interest.

Product category: Home & Garden > Decor > Candles & Home
Fragrances > Incense

Shipping

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Natural Sage Incense

Experience the Cleansing Power of Natural Sage Incense

Discover the enchanting aroma of hand-harvested sage bundled into a beautiful **a bunch of sage incense**. Crafted with care and **made from natural ingredients**, our sage bundles offer a **vegan-friendly** and **eco-friendly** way to cleanse your space and promote a sense of harmony.

Each **smudge stick** is meticulously **hand-made** and carefully sourced, ensuring the highest quality for your *aromatherapy*

rituals. Embrace the ancient practice of **spiritual cleansing** as you light the sage and let the fragrant smoke fill your surroundings, inviting positive energy and tranquility.

Whether you're seeking a thoughtful *birthday gift* for a loved one, a unique present for an anniversary, or a touch of *holistic wellness* for yourself, our **sage incense bundles** are a wonderful choice. Elevate your daily routine and infuse your space with the soothing scents of nature.

Experience the power of **organic smudging** and the mindful benefits it brings to your life. Explore our collection of **aromatherapy accessories** and embark on a journey of **spiritual well-being** with our handcrafted sage bundles.

Sage Incense Smudge Sticks White Sage Bundles Cleansing Incense Aromatherapy Sage Natural Smudging Energy Clearing Sage Smudging Sacred Smoke Ritual Incense Spiritual Cleansing Home Purification Herbal Incense Sage Burning Holistic Healing Herbal Smudge Positive Energy Meditation Aid Natural Home Fragrance Holistic Wellness