

Link to the product: <https://armila.co.uk/smudge-stick-blue-sage-225-cm-p-5637.html>



Smudge Stick - Blue Sage 22.5 cm

Price	13.50 £
Availability	In stock
Shipping time	24 hours
Catalog number	SMUDGES-04
Producer code	5796
EAN	5055796500369
Dimensions	22.5x3.5 (cm)
Country of origin	NLD

Description

Smudge Stick - Blue Sage 22.5 cm makes for a great as a bestowal option for someone special to you.

Blue Sage (also known as Grandmother Sage) is a purifying herb with wide medicinal and magical applications. Blue Sage is often used for cleansing and purification, it provides spiritual strength and sometimes it is also used during exorcism rituals to remove The malevolent spirits.

Blue Sage is named for its abundant blue flowers, but The leaves are also have a blue-ish. It has thin leaves and a fragrance that is similar to lavender.

Smudges may help clear The air, scientists have observed that sage can clear up to 94 percent of airborne bacteria and disinfect The air. Also, when sage is burned, it releases negative ions, which is linked to putting people into a positive mood.

Smudging requires simple ingredients like matches, smudging herbs, and a smudging bowl. Before you start, remember to open a door or window, because The unwanted energy you are trying to clear must have a pathway to get out. First, light one end of your smudge, allowing it to catch fire and burn for several seconds. Then gently blow on The lit end - The smudge will begin to glow and smoke. Lay The smudge on a heatproof bowl to catch The ashes as it burns.

Our this

Smudge Stick , home fragrances, Blue Sage 22.5 cm

section offers an impressive range of products that are sure to catch your attention.

Product category: [Home & Garden](#) > [Decor](#) > [Candles & Home Fragrances](#) > [Incense](#)

Shipping

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Natural Sage Incense

Experience the Cleansing Power of Natural Sage Incense

Discover the enchanting aroma of hand-harvested sage bundled into a beautiful **a bunch of sage incense**. Crafted with care and **made from natural ingredients**, our sage bundles offer a **vegan-friendly** and **eco-friendly** way to cleanse your space and promote a sense of harmony.

Each **smudge stick** is meticulously **hand-made** and carefully sourced, ensuring the highest quality for your *aromatherapy rituals*. Embrace the ancient practice of **spiritual cleansing** as you light the sage and let the fragrant smoke fill your surroundings, inviting positive energy and tranquility.

Whether you're seeking a thoughtful *birthday gift* for a loved one, a unique present for an anniversary, or a touch of *holistic wellness* for yourself, our **sage incense bundles** are a wonderful choice. Elevate your daily routine and infuse your space with the soothing scents of nature.

Experience the power of **organic smudging** and the mindful benefits it brings to your life. Explore our collection of **aromatherapy accessories** and embark on a journey of **spiritual well-being** with our handcrafted sage bundles.

Sage Incense Smudge Sticks White Sage Bundles Cleansing Incense Aromatherapy Sage Natural Smudging Energy Clearing Sage Smudging Sacred Smoke Ritual Incense Spiritual Cleansing Home Purification Herbal Incense Sage Burning Holistic Healing Herbal Smudge Positive Energy Meditation Aid Natural Home Fragrance Holistic Wellness